NIPC Commitment Charter

NIPC are delighted to confirm that you have been offered a place on the **'Delivering Evidence-based Physical Activity Behaviour Change in Primary Care and Community Settings'** course. Thanks to funding from HSE Health and Wellbeing, this place is available to you for free. We were overwhelmed by the number of applications for this course. Please do let us know if you are unable to participate in the course as soon as possible, so your place may be given to the next person on the waiting list.

By accepting a place on the course you agree to the following:

1. **Attend live Introductory Session:** A live introductory session will take place on **Wednesday the 14th of October from 6.30 - 8.00pm.** Active participation in these sessions are encouraged. This includes turning camera on, engaging in discussion/ Q&A and any breakout rooms. We may ask you to do some preparatory work before the live Zoom session. This can take the form of reading case studies or working through introductory modules so you will be better prepared to actively engage in class discussions and contribute to group activities. The success of your learning outcomes can be greatly enhanced by active engagement with tutors, other students and the course material.

2. **Complete all Online Modules:** All participants are asked to complete a pre-course knowledge check. This is not graded; it is merely to gauge your current understanding of a topic. Participants must ensure to set aside ample time to complete all online material which includes 5 online modules. Regular reminders will be sent from NIPC to keep you on track. Please be advised that completing the online course is a requirement and failure to complete the course may impact your ability to apply for future courses at NIPC.

3. **Attend the live Consolidation Session.** A consolidation session will take place at the end of the 3 months**.** Date TBC. Active participation in this session is encouraged. This includes turning camera on, engaging in discussion/ Q&A and any breakout rooms.

4. **Complete a Post-course Assessment:** To successfully complete the course, participants must gain 70% or more in a post course assessment. This is a 30-question, multiple-choice quiz. Don't worry if you do not pass on your first attempt, you can take the quiz as many times as necessary.

5. **Respect:** You will treat fellow students, tutors, and support staff with respect and professionalism. A positive learning environment requires mutual respect and collaboration.

In exchange for your commitment, you will have access to the following:

1. **Expert Knowledge:** You will have access to expert knowledge and resources that will enhance your learning experience. Course content has been designed and delivered by topic experts and leaders.

2. **Tutor Support:** You will have access to tutors during the live Zoom sessions. Our tutors are experts in their fields and give their time freely for interactive Zoom sessions. They will answer any questions you may have, are open to discussions which will enhance your learning experience.

3. **Collaboration**: You will have the opportunity to collaborate with fellow participants and participate in group activities that will enhance your learning and networking opportunities.

4. **Continuous Support:** Our support staff are here to help you through your learning experience. This will range from regular communications to technical support for any issues you may have with our online education platforms.
5. **Certification:** On successful completion of the course, you will receive an NIPC certificate of completion. NMBI and ICGP members will also receive a certificate of attendance and CPD points.

By undertaking a course with NIPC, you are agreeing to uphold this commitment charter and NIPC pledge to support you in achieving your learning goals.