

OBESITY MANAGEMENT IN PRACTICE FOR HEALTHCARE PROFESSIONALS

AGENDA

- Understanding the science and complex causes of obesity
- Addressing weight bias/stigma
- Starting the conversation and assessment
 - primary care perspective
- Pharmacotherapy in obesity care
- Panel discussion: Who do we treat?
- Behavioural supports and life interventions in obesity care
- Medical nutrition therapy approaches for long term patient goals
- The value of movement in obesity care
- Bariatric surgery: Eligibility, challenges, benefits and impact of medical tourism



24th May 2025
9:00am – 2:45pm



**The Spencer Hotel,
Dublin**

[**Register Now**](#)

SPEAKERS

Dr Michael Crotty

General Practitioner specialising in Obesity Medicine, Co-Founder & Clinical Lead, My Best Weight

Dr Jean O'Connell

Consultant Endocrinologist, Centre for Obesity Management, St Columcille's and St Vincent's University Hospitals

Susie Birney

Executive Director, Irish Coalition for People Living with Obesity

Deirdre Murphy

Advocate, Irish Coalition for People Living with Obesity

Dr Céire McGuane

GP with Special Interest in Bariatric Medicine, The Park Clinic Athy Co. Kildare

Dr Cathy Breen

Clinical Specialist Dietitian, Centre for Obesity Management, St Columcille's Hospital, Dublin and Association for the Study of Obesity Ireland

Josh Percival

Exercise Physiologist and Registered Dietitian, Athru Dietetics & My Best Weight

Prof Helen Heneghan

Consultant Bariatric & General Surgeon at St. Vincent University Hospital and UCD Professor of Surgery