

10th National Prevention Conference

Cardiometabolic and Circulatory Disease: A New Era for Prevention Matters

[Register Here](#)

24th November 2023 | Sheraton Athlone Hotel

Welcome and Conference Opening

09:30 – 9:40

Welcome and Opening Remarks

Dr Jenni Jones,
Director of Training and Education, NIPC

Prof Bill McEvoy,
*Medical and Research Director, Chair of Executive Council, NIPC
Professor of Preventive Cardiology, University of Galway*

Session 1 - Chronic Disease Management Matters in Ireland

Chair - Prof Bill McEvoy, *Medical and Research Director, NIPC*

09:40 – 10:00

Past, Present and Future for the
Integrated Care Programme

Dr Maria O'Brien,
*Service Improvement Lead, Integrated Care
Programme Chronic Disease, HSE*

10:00 – 10:20

Designing a Physical Activity Pathway
in Healthcare Model for Ireland

Dr Sarah O'Brien,
*National Lead, Healthy Eating Active Living
Programme, Health & Wellbeing, HSE*

10:20 – 10:40

The National Heart Programme

Prof Ken McDonald,
*Clinical Lead, National Heart Programme,
St Vincent's University Health Care Group*

10:40 – 11:25

Exhibitors, Posters and Networking with Refreshments

Session 2 - Hot Topics in Cardiometabolic Disease and Circulatory Health

Chair - Prof Ian Graham, *Professor of Cardiovascular Medicine, Trinity College, Dublin*

11:25 – 11:45

Climate Health and Cardiovascular
Disease Prevention

Dr Martha Gulati,
*President of the American Society for Preventive Cardiology,
Director of Preventive Cardiology Cedars-Sinai, USA*

11:45 – 12:00

Secondary Prevention – Are we
Doing any Better? INTERASPIRE
Results

Prof Bill McEvoy,
*Medical and Research Director, NIPC
Principle Investigator for INTERASPIRE*

12:00 – 12:20

Case-Based Spotlight in the
Nuances and Needs in
Hypertension Management

Dr Anastasia Mihailidou,
*Senior Hospital Scientist & Honorary Associate Professor,
Sydney Australia, Chair Communications Committee,
International Society of Hypertension*

12:20 – 12:35

Questions and Answers

12:35 – 12:45

NIPC Fellowships Announcement

Irene Gibson,
Director of Programmes and Innovation, NIPC

12:45 – 13:30

Exhibitors, Posters and Networking with Lunch

Session 3 - Simultaneous Break-Out Workshops (13:30 – 14:25)

At this year's National Prevention Conference we are running five simultaneous workshops. Please choose which workshop you would like to attend.

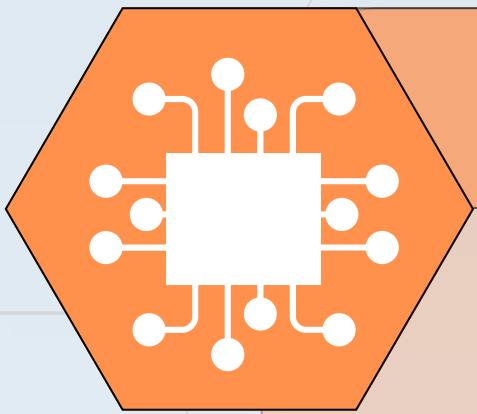


Workshop A) Case-Based Multidisciplinary Perspectives in the Management of Cardiometabolic Disease (in collaboration with the Irish Society of Lifestyle Medicine)

Chair:
Dr Niamh Moran,
GP and Irish Society of Lifestyle Medicine Executive Committee

Panellists:

Prof Sean Dinneen
Consultant Endocrinologist, Galway University Hospital
Dr David Mc Conaghy, ICGP Prevention Lead
Dr Susan Connolly, Consultant Cardiologist, University Hospital Galway and CHO2
Suzanne Seery, Senior Project Dietitian, National Clinical Programme for Obesity, HSE
Dr Niamh Kieran, Consultant Nephrologist, Galway University Hospital
Dr Jenni Jones,
Specialist Physiotherapist



Workshop B) AI, Digital and the Wearables/Remote Measurement Future in Heart Failure and Stroke Prevention (in collaboration with the Irish Cardiovascular Nursing Association)

Chair: Maria Hayes,
President, Irish Nurses Cardiovascular Association

Recorded Opening by **Prof John Harold,** Past President of the American College of Cardiology

Panellists:

Prof Rónán Collins, National Clinical Lead for Stroke
Norma Caples, Advanced Nurse Practitioner, Heart Failure University Hospital Waterford
Mairead Lehane, Advanced Nurse Practitioner, Mallow General Hospital
Dr Niamh Hannon, Consultant in Stroke & Geriatric Medicine, University Hospital Galway
Dr Joe Gallagher, GP, ICGP Clinical Lead in Cardiovascular Disease

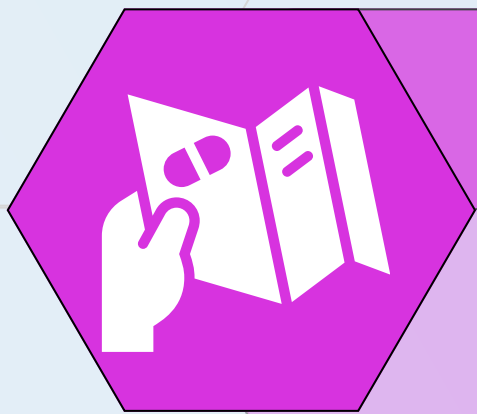


Workshop C) Putting the Patient's Voice at the Heart of CVD Prevention (in collaboration with Heart and Stroke Voice Ireland)

Chairs:
David Kelly,
Chairperson, Heart and Stroke Voice Ireland
Prof Catriona Jennings,
Director of Nursing and Interdisciplinary Relations, NIPC

Panellists:

Prof Martin Halle, Consultant Cardiologist and Immediate Past President of EAPC, Germany
Prof Donna Fitzsimons, Professor of Nursing, Queen's University, Belfast
Dr Michael Vallis, Health Psychologist; Associate Professor in Family Medicine, Dalhousie University, Canada



Workshop D) Health Literacy Matters (in collaboration with the Health Behaviour Change Research Group, University of Galway)

Chair: Dr Lisa Hynes,
Health Psychologist and Head of Health Programmes, Croí, the West of Ireland Cardiac and Stroke Foundation

Panellists:

Dr Yvonne Finn, Lecturer in Medicine, University of Galway
Dr Jane Sixsmith, Lecturer in Health Promotion, University of Galway
Dr Verna McKenna, Lecturer in Health Promotion, University of Galway



Workshop E) Advancing Digitally Delivered Cardiovascular Disease Prevention in Ireland (in collaboration with the HRB Collaborative Doctoral Programme in Chronic Disease Prevention)

Chair: Prof Molly Byrne,
Professor of Health Psychology, University of Galway

Panellists:

Eanna Kenny, Collaborative Doctoral Programme in Chronic Disease Prevention, University of Galway
Irene Gibson,
Director of Programmes and Innovation, NIPC
Meabh Smith,
Digital Health Clinical Safety Lead,
Digital Health Clinical Office

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Session 4 - The Big Debate: Controversies and Opportunities in a New Era of Obesity Management

Chairs: Dr Sarah O'Brien, *National Lead, Healthy Eating Active Living Programme, Health & Wellbeing, HSE*
Dr Neil Johnson, *CEO of Global Heart Hub*

14:30 – 15:15

Prof Donal O'Shea,
National Clinical Lead for Obesity

Susie Birney,
Executive Director, ICPO

Dr Michael Crotty,
GP, My Best Weight Clinic

Dr Micheal Vallis,
*Health Psychologist; Associate Professor in Family Medicine,
Dalhousie University, Canada*

Dr Cathy Breen,
Clinical Specialist Dietitian, Association for the Study of Obesity Ireland

Sheena Mitchell,
MPSI, Milltown Totalhealth Pharmacy & A WonderCare Podcast

15:15 – 15:35

Questions and Answers

15:35 – 15:45

Poster Prize Awards and Closing

AstraZeneca

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