

10th National Prevention Conference

Pre-conference Symposium - "5 x 3 x 5"

Attend online or in-person, Sheraton Athlone Hotel
23rd November 2023 | 6:00pm - 7:30pm

"5 x 3 x 5" - Hot Topics in Cardiometabolic Disease and Circulatory Health

5 global experts give their 3 most important messages in 5 hot topics

CVD Risk Factor Management in Women: What 3 Key Messages Must Every Practitioner Know?

Dr Martha Gulati,

*President of the American Society of Preventive Cardiology,
Director of Preventive Cardiology Cedars-Sinai, USA*

What are the 3 Most Important Messages in the Latest ESC CVD Prevention Guidelines?

Professor Martin Halle,

*Immediate Past President of the European Association of
Preventive Cardiology, Germany*

What are the 3 Biggest Game Changers in the Management of Lipids?

Professor Derek Connolly (joining remotely),

Consultant Cardiologist, Expert in Lipids, UK

What are the 3 Biggest Advances in Hypertension Management?

Dr Anastasia Mihailidou,

*Senior Hospital Scientist & Honorary Associate Professor, Sydney Australia
Chair, Communications Committee, International Society of Hypertension*

The Top 3 Tips to Enabling "Success" in Adult Weight Management?

Dr Michael Vallis,

*Health Psychologist; Associate Professor in Family Medicine,
Dalhousie University, Canada*

Register Here

Supported by:  **NOVARTIS**

Chairs:

Prof David Wood,

*Director of Science, Strategy and
International Relations, NIPC*

Dr Jennifer Jones,

Director of Training and Education, NIPC