

9th National Prevention Conference

New Frontiers in Cardiometabolic and Circulatory Health

NIPC National Institute for Prevention and Cardiovascular Health



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CPD pending. Healthcare Professionals Only.

REGISTRATION 9:00 – 9:30am

| Time | Details |
|--|--|
| 09:30 – 09:40 | Welcome: Dr Jenni Jones <i>Director of Training and Education, National Institute for Prevention and Cardiovascular Health</i> Opening Remarks: Dr Sarah M O'Brien <i>Specialist in Public Health Medicine, Office of National Clinical Advisor & Group Lead (NCAGL) for Chronic Disease, HSE</i> |
| MAIN SESSION 1 - Integrated Care Matters in Prevention Chair: Dr Sarah M O'Brien <i>Specialist in Public Health Medicine, Office of National Clinical Advisor & Group Lead (NCAGL) for Chronic Disease, HSE</i> | |
| 09:40 – 10:00 | The Triple Threat: ASCVD, Diabetes, Kidneys – What Should Every Practitioner Know? Professor Sean Dinneen <i>HSE National Lead for Diabetes, University of Galway</i> |
| 10:00 – 10:20 | Pharmacological Game-Changers in Cardiometabolic Disease Professor Alex Miras <i>Professor of Endocrinology, Ulster University</i> |
| 10:20 – 10:40 | Revolutions in Living Longer Better Annie Holden <i>Strategic Health Lead, Active Partnerships National Team, England</i> |
| 10:40 – 10:50 | Questions and Answers |
| 10:50 – 11:30: Healthy Break, Networking and Posters – Please visit the Sponsors Exhibition | |
| MAIN SESSION 2 - Hot Topics in Cardiovascular Disease Management Chair: Professor Gerard Flaherty <i>Director of Academic Affairs and Fellowship, National Institute for Prevention and Cardiovascular Health</i> | |
| 11:30 – 11:50 | Advances in Detection and Management of Atrial Fibrillation (in support of Global AF Awareness Week) Dr John Keaney <i>Consultant Cardiologist and Cardiac Electrophysiologist, Mater Misericordiae University Hospital, Dublin</i> |
| 11:50 – 12:10 | Case-Based Spotlight on Women's Heart Health Maggie Simpson <i>Heart Failure Advanced Nurse Practitioner, NHS Greater Glasgow and Clyde</i> |
| 12:10 – 12:20 | Questions and Answers |
| 12:20 – 12:30 | NIPC Fellowship Announcement Professor Gerard Flaherty <i>Director of Academic Affairs and Fellowship, National Institute for Prevention and Cardiovascular Health</i> |
| 12:30 – 13:15: Lunch, Networking and Posters – Please visit the Sponsors Exhibition | |

13:15 – 14:00: Simultaneous Break-Out Workshops

| <p>Workshop A</p> <p>Multidisciplinary Perspectives in the Management of Acute Coronary Syndromes (in collaboration with INCA)</p> <p>Chair: Maria Hayes President, Irish Cardiovascular Nurses Association</p> | <p>Workshop B</p> <p>Expert Roundtable: Mental Health in People Living with Cardiovascular Disease</p> <p>Chair: Professor Molly Byrne Professor of Health Psychology, University of Galway</p> | <p>Workshop C</p> <p>Top Tips in How to Get Lipids and Blood Pressure to Target?</p> <p>Chair: Professor Ian Graham Professor of Cardiovascular Medicine, Trinity College, Dublin</p> |
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| <p>Speakers:</p> <p>Pharmacology Insights: Professor Thorsten Leucker Preventive and Critical Care Cardiologist, Johns Hopkins University School of Medicine</p> <p>Acute Management of ACS: Sinead Teehan Cardiology Clinical Nurse Specialist, St James's Hospital, Dublin</p> <p>Investigations and Imaging: Catherine Ross Cardiac Scientist and Chief Healthcare Science Officer, Scottish Government</p> <p>Dietary Considerations: Dr Tom Butler Dietitian and Senior Lecturer in Nutrition and Health, Edge Hill University</p> | <p>Speakers:</p> <p>CVD Prevention Perspectives: Noeleen Burke Psychiatric Nurse, Mayo Mental Health Services</p> <p>Stress Management Perspectives: Dr Lisa Hynes Health Psychologist and Head of Health Programmes, Croí, the West of Ireland Cardiac & Stroke Foundation</p> <p>Stroke Perspectives: Dr Tom Burke Clinical Psychologist and Research Fellow, Royal College of Surgeons; Assistant Professor, University of Galway</p> | <p>Speakers:</p> <p>Expert Tips in Lipid Management: Professor Ian Young Professor of Medicine and Director of the Centre for Public Health, Queen's University Belfast; Associate Medical Director (Research and Development); Consultant Chemical Pathologist, Belfast Health and Social Care Trust</p> <p>Expert Tips in Blood Pressure Management: Professor Bill McEvoy Medical and Research Director and Chair of Executive Council; Professor of Preventive Cardiology, National Institute for Prevention and Cardiovascular Health and University of Galway</p> |

MAIN SESSION 3 - Maximizing Patient Outcomes

Chair: Irene Gibson
Director of Programmes and Innovation, NIPC and HRB SPHeRE PhD Scholar

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| <p>14:05 – 14:25</p> | <p>Missed Opportunities in Enabling Self-Management in Primary Care Dr Anant Jani Research Fellow, University of Oxford</p> |
| <p>14:25 – 14:45</p> | <p>Shared-Decision Making Dr Emma Harris Research Fellow in Patient Education and Communication, University of Huddersfield</p> |
| <p>14:45 – 15:05</p> | <p>Digital Approaches to Improving Cardiovascular Outcomes Dr Susan Connolly Consultant Cardiologist, Integrated Care, University Hospitals Galway and CHO2</p> |
| <p>15:05 – 15:20</p> | <p>Patient Realities Carolyn Crawford ESC Patient Forum</p> |
| <p>15:20 – 15:35</p> | <p>Questions and Answers</p> |

15:35 – 15:45: Poster Awards and Closing

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