

# 8<sup>th</sup> National Prevention Conference

New Frontiers in Prevention and Cardiovascular Health

19<sup>th</sup> & 20<sup>th</sup> November, 2021



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## Friday 19th November 2021

Time	Details
13:30 – 14:00	<b>Virtual login</b> <i>Familiarise yourself with the platform, visit the sponsor booths and network with other delegates</i>
14:00 – 14:10	<b>Welcome and Orientation</b> <i>Dr Jennifer Jones, Director of Training and Education, National Institute for Prevention and Cardiovascular Health</i>
	<b>Live Stream</b>
14:10 – 15:00	<b>Chronic Diseases and Obesity – Where Are We and What Does the Future Look Like?</b>  <b>Chairs and Opening Remarks:</b> <i>Dr Sarah M O'Brien, Specialist in Public Health Medicine, Office of National Clinical Advisor &amp; Group Lead (NCAGL) for Chronic Disease, HSE</i> <i>Prof Bill McEvoy, Medical and Research Director and Chair of Executive Council, National Institute for Prevention and Cardiovascular Health; Professor of Preventive Cardiology, NUI Galway</i>  <b>Expert Panel Discussion:</b> <b>Chronic Diseases</b> <i>Dr Sarah M O'Brien, Specialist in Public Health Medicine, Office of National Clinical Advisor &amp; Group Lead (NCAGL) for Chronic Disease, HSE</i>  <b>Heart Programme</b> <i>Prof Ken McDonald, Clinical Lead, National Heart Programme, St Vincent's University Health Care Group</i>  <b>Diabetes Programme</b> <i>Prof Sean Dinneen, National Lead for the Diabetes Clinical Programme, NUI Galway</i>  <b>Obesity Programme</b> <i>Prof Donal O'Shea, HSE Clinical Lead for Obesity and Consultant Endocrinologist, St Vincent's Hospital, Dublin</i>  <b>Respiratory Programme</b> <i>Dr Mark O'Kelly, General Practitioner &amp; ICGP HSE Primary Care Lead for Integrated Care Programmes (COPD), Irish College of General Practitioners</i>
15:00 – 15:15	Healthy Hearts Break - Please visit the Sponsor Exhibition
15:15 – 16:35	<b>Roundtable: What's Cutting Edge in Cardiometabolic Health</b>  <b>Chair and Opening Remarks:</b> <i>Prof Francis Finucane, Consultant Endocrinologist, Galway University Hospitals and NUI Galway</i>  <b>Use of Cardio-Protective Glucose Lowering Agents</b> <i>Prof Lars Ryden, Senior Professor of Cardiology, Karolinska Institute, Stockholm, Sweden</i>  <b>Weight Loss or Diet Quality? New Insights</b> <i>Jennifer Brown, Registered Dietitian, The Ottawa Hospital Bariatric Centre of Excellence, Canada</i>  <b>Health Behaviour Change in Diabetes: The What and How?</b> <i>Prof Michael Vallis, Health Psychologist and Associate Professor, Dalhousie University, Canada</i>  <b>Physical Activity and Cardiometabolic Health – What's New, What's True?</b> <i>Dr Daniel Bailey, Senior Lecturer in Sport, Health and Exercise Sciences, Brunel University London</i>
16:35 – 16:45	Healthy Hearts Break - Please visit the Sponsor Exhibition
16:45 – 17:15	<b>Special Highlight Session with the European Association of Preventive Cardiology (EAPC)</b>  <b>Chairs and Opening Remarks:</b> <i>Prof David Wood, Director of Science, Strategy and International Relations, National Institute for Prevention and Cardiovascular Health</i> <i>Irene Gibson, Director of Programmes and Innovation, National Institute for Prevention and Cardiovascular Health</i>  <b>What's New in the New European CVD Prevention Guidelines 2021?</b> <i>Prof Martin Halle, President, European Association of Preventive Cardiology</i>  <b>Making the Difference through the New CVD Prevention Curriculum</b> <i>Prof Matthias Wilhelm, Chair, European Association of Preventive Cardiology Education Committee</i>
17:25 – 17:55	<b>Chair and Opening Remarks:</b> <i>Chair: Prof Molly Byrne, Professor of Health Psychology, NUI Galway</i>  <b>Keynote Presentation: Depression and its Association with Cardiometabolic Syndromes: Mechanistic and Clinical Implications</b> <i>Prof Roger McIntyre, Professor of Psychiatry and Pharmacology, University of Toronto, Canada</i>
17:55 - 18:00	<b>Key Messages from Day 1</b> <i>Dr Jennifer Jones, Director of Training and Education, National Institute for Prevention and Cardiovascular Health</i>

**PLUS: on-demand sessions are available on the platform from November 19th. See more details below.**

## Saturday 20th November 2021

Time	Details
08:30 – 09:00	Virtual login <i>Familiarise yourself with the platform, visit the sponsor booths and network with other delegates</i>
09:00 – 09:05	Welcome Opening Day 2 <i>Dr Jennifer Jones, Director of Training and Education, National Institute for Prevention and Cardiovascular Health</i>
Live Stream	
09:05 – 10:05	<p><b>Hot Topics in CVD Prevention: Meet the Experts</b></p> <p><b>Chair and Opening Remarks:</b> <i>Prof Gerard Flaherty, Director of Academic Affairs and Fellowship, NIPC</i></p> <p><b>Where Does the Time Go? How to Reduce Sedentary Behaviour</b> <i>Prof Stuart Biddle, Director, Centre for Health Research, University of Southern Queensland, Australia</i></p> <p><b>Genetic Testing in CVD Prevention – Key Considerations</b> <i>Tootie Bueser, Director of Nursing &amp; Midwifery Southeast Genomic Medicine Service Alliance, National Institute for Health Research (NIHR) 70@70; Senior Nurse Research Leader, Guy's &amp; St Thomas' Hospital and Past President, British Association for Nursing in Cardiovascular Care</i></p> <p><b>Are There New Biomarkers in CVD Prevention?</b> <i>Prof Bill McEvoy, Medical and Research Director and Chair of Executive Council, National Institute for Prevention and Cardiovascular Health; Professor of Preventive Cardiology, NUI Galway</i></p>
10:05 – 10:15	Healthy Hearts Break - Please visit the Sponsor Exhibition
10:15 – 11:00	<p><b>Spotlight on Lipids</b></p> <p><b>Chair and Opening Remarks:</b> <i>Dr Susan Connolly, Consultant Cardiologist, Western Health and Social Care Trust Northern Ireland</i></p> <p><b>Latest Lipid Guidelines: What are the Latest Targets in a Nutshell?</b> <i>Prof Ian Graham, Professor of Cardiovascular Medicine, Trinity College, Dublin</i></p> <p><b>Cholesterol: Is Lower Really Better?</b> <i>Dr Derek Connolly, Consultant Interventional Cardiologist and Director of R&amp;D, Birmingham City Hospital, UK</i></p> <p><b>Familial Hypercholesterolaemia – From Screening to Treatment</b> <i>Prof Kausik Ray, Professor of Public Health and President, European Atherosclerosis Society</i></p>
11:05 – 11:50	<p><b>Advances in Heart Failure</b></p> <p><b>Chair and Opening Remarks:</b> <i>Dr Loreena Hill, Senior Lecturer, Queen's University, Belfast</i></p> <p><b>What's New – What's Coming?</b> <i>Norma Caples, Advanced Nurse Practitioner in Heart Failure, University Hospital Waterford; President, Irish Nurses Cardiovascular Association</i></p> <p><b>Improving Rehabilitation Access: Home/Technology-Based Alternatives</b> <i>Prof Rod Taylor, Professor in Population Health Research, MRC/CSO Social and Public Health Sciences Unit &amp; Robertson Centre for Biostatistics, Institute of Health and Well Being, University of Glasgow, UK</i></p> <p><b>What Can We Do Better to Prevent Heart Failure?</b> <i>Mairead Lehane, Advanced Nurse Practitioner, Mallow General Hospital</i></p>
11:50 – 12:00	Healthy Hearts Break - Please visit the Sponsor Exhibition
12:00 – 12:45	<p><b>The Era of Pandemic Consequences in Cardiovascular Health: Are we Facing a Crisis in Prevention?</b></p> <p><b>Chair and Opening Remarks:</b> <i>Sarah McInerney, Journalist and RTE TV/Radio Presenter</i></p> <p><b>Speakers:</b> <i>Neasa Hourigan, T.D., Green Party</i> <i>Prof Emer Shelley, Dean, Faculty of Public Health Medicine; Chair, Irish Heart Foundation</i> <i>Prof Ken McDonald, Clinical Lead, National Heart Programme, St Vincent's University Health Care Group</i> <i>Prof Molly Byrne, Professor of Health Psychology, NUI Galway</i> <i>Neil Johnson, Chief Executive, Croi, the Heart and Stroke Charity; Chief Executive, National Institute for Prevention and Cardiovascular Health; Executive Director, Global Heart Hub</i></p>
12:45 – 13:00	NIPC Fellowship, Poster Award Winner Announcements and Close

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## On-Demand Sessions

### Poster-presentations

### Hot Debates in the Biggest Game Changing Trials in CVD Prevention

*Chair: Dr Jennifer Jones, Director of Training and Education, NIPC*

*Dr Kevin Fox, Consultant Cardiologist, Imperial College;*

*Dr Susan Connolly, Consultant Cardiologist, Western Health and Social Care Trust Northern Ireland*

### Can People with Cardiac Conditions Participate in Sport? What Do New Guidelines Say?

*Chair: Dr Jennifer Jones, Director of Training and Education, NIPC*

*Prof Maria Bäck, Senior Researcher and Physiotherapist, Sahlgrenska University Hospital and Linköping University, Sweden*

### The Food Pharmacy: Opportunities in Prevention?

*Chair: Suzanne Seery, Dietitian, HSE*

*Dr Juliana Haber-Donohue, Nutritional Epidemiologist and Director, Wild Rose*

*Prof Martha Gulati, President-Elect of the American Society for Preventive Cardiology*

### Experiences of Wearables, Trackers and APPS in Virtual Cardiac Rehabilitation

*Chair: Irene Gibson, Director of Programmes, NIPC*

*Dr Susan Connolly, Consultant Cardiologist, Western Health and Social Care Trust Northern Ireland*

*Prof Catriona Jennings, Director of Nursing and Interdisciplinary Relations, NIPC*

*Prof Lis Neubeck, President, Association of Cardiovascular Nursing and Allied Professions and Professor of Cardiovascular Health*

### Longitudinal Cholesterol Control and Recurrent Events in Irish Patients with Coronary Heart Disease: A Follow-up Study of the iASPIRE Cohort

*Chair: Prof Jim Crowley, Consultant Cardiologist, Galway University Hospitals*

*Prof Bill McEvoy, Medical and Research Director and Chair of Executive Council, NIPC and NUI Galway*

### NIPC Info Series:

- NIPC Fellowship Programme
  - **Prof Gerard Flaherty**, Director of Academic Affairs and Fellowship, NIPC
  - **Irene Gibson**, Director of Programmes, NIPC
- NIPC Activities Update
  - Training, Education and Research updates

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