Virtual National Prevention Conference 2020

TRANSFORMING PREVENTIVE CARDIOVASCULAR HEALTHCARE

Featuring Special Collaborative Sessions with: ESC Association of Cardiovascular Nursing and Allied Professionals (ACNAP); International Council of Cardiovascular Prevention and Rehabilitation (ICCPR); Australian Cardiovascular Health and Rehabilitation Association (ACcRA); British Association for Cardiovascular Prevention and Rehabilitation (BACPR); Preventive Cardiovascular Nursing Association (PCNA)

Friday, November 20, 2020

CLICK HERE TO REGISTER NOW

Digital Revolutions in Cardiovascular Care
Chair: Dr. Jennifer Jones
9.50 – 9.55 Welcome to our Virtual Conference Experience
Dr. Jennifer Jones, NIPC Director of Training and Education; Senior Lecturer in Preventive Medicine and Cardiovascular Health, NUI Galway

10.00 – 10.25 Keynote Presentation: Technology to Improve Patient Care
Prof. Tony Rayment, Editor-in-Chief European Journal of Cardiovascular Nursing; Professor in Care Sciences, University of Liverpool, Sweden

9.35 – 10.55 Virtual Showcase of Global Innovations and Technologies in Cardiovascular Care – Short Pitch Session
- Prof. James Hendriks - Telecheck AF
- Prof. Nathan Lamb - Flinders University, Adelaide, Australia
- Dr. Jiah Tandon - Virtual reality headsets to deliver education in chronic disease management, Oxford, GB
- Prof. Robyn Gallagher - Gaming in Cardiac Rehabilitation, University of Sydney, Australia
- Prof. Frances Finucane - Remote Intensive lifestyle interventions in Severe Obesity, NUI Galway, Ireland
- Prof. Robyn Clark - Avatar approaches in Self-Management of Heart Failure, Flinders University, Adelaide, Australia
- Prof. Martha Gulati - Hypertension Screening and Management at a Distance, University of Arizona College of Medicine, USA

10.45 – 11.10 Question and Answer Session to Virtual Showcase Session Presenters

11.10 – 11.45 Virtual Break:
- Join the Virtual Expo
- Visit the virtual poster exhibition
- Join group discussions
- Join a virtual mindfulness session

11.45 – 12.00 Workshop: Interactive Application of the New ESC Guidelines on Atrial Fibrillation
ACNAP
Prof. Lia Noackeb, President of ACNAP
Catherine Rose, ACNAP Membership Committee Chair

12.15 – 12.30 Workshop 2: Medicines or Cardioversion and Adherence in Cardiac Arrhythmias
Prof. Ranzi Khattab, Course Director, Pharmacology, Leeds Institute of Cardiovascular and Metabolic Medicine, ACPAF Science Committee

12.35 – 12.50 Workshop 3: What is the Best Dietary approach in the Management of Diabetes?
Dr. Nicola Gues, Senior Lecturer and Consultant Dietitian, Kings College London

12.50 – 13.00 Workshop 4: Top Tips in Developing your Behaviour Change Skills
Ria Bo, Centre for Motivation and Change, Hilversum, Netherlands

12.00 Opening of On-Demand Series

COVID-19 and Implications for Cardiovascular Health
Chair: Prof. Bill McEvoy

11.30 – 11.50 Welcome to the Virtual Conference Experience
Prof. Bill McEvoy, NIPC Medical and Research Director

11.50 – 12.10 Virtual Showcase of Global Innovations and Technologies in Cardiovascular Care – Short Pitch Session
- Prof. Robyn Gallagher - Gaming in Cardiac Rehabilitation, University of Sydney, Australia
- Prof. Robyn Clark - Avatar approaches in Self-Management of Heart Failure, Flinders University, Adelaide, Australia
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SPECIAL FEATURES SERIES ON-DEMAND (NOVEMBER 20 – 30, 2020)

SERIES 1: Digital Health

Future Perspectives: Technology and Cardiovascular Care
Prof Martin Cowie, ESC Digital Health Committee Chair

Special Featured Session: How to Successfully Achieve Upgrades to Virtual Cardiovascular Prevention and Rehabilitation
Prof Robyn Gallagher, Professor of Nursing, University of Sydney, International Council of Cardiovascular Prevention and Rehabilitation

The Digital Patient: Patient Perspectives
Trudie Lobban MBE, Founder & Trustee of Amygdala Alliance (The Heart Rhythm Charity) Founding Director of Syncope Trust and Reflex anoxic Syncope Group (STARS & STARS-US) Founder & CEO of Atrial Fibrillation Awareness Association (AFA)

SERIES 2: Hot Topics in Lifestyle Approaches

Special Featured Session: Optimal Nutritional strategies for cardiovascular disease prevention and rehabilitation – new BACPR Guidelines
Dr. Tom Butler, Senior Lecturer in Nutrition and Health, Edge Hill University, Registered Registered Nutritional and Registered Dietitian and Senior Author of the Above BACPR Publication in HEART

Practical approaches to effectively reaching sedentary time
Prof Charlotte Edmondson, Associate Professor in Physical Activity, Sedentary Behaviour and Health, Diabetes Research Centre, University of Leicester

Evaporating benefits of e-vaping?
Dr. Fadwa Al-Khoury, Associate Professor in Physical Activity, Sedentary Behaviour and Health, Diabetes Research Centre, University of Leicester

SERIES 3: 2020 – Updates and Meet the Experts

• Meet the Expert: Prof. Ian Graham, CVD Prevention Guidelines and Stoppers to Implementation
• Meet the Expert: Prof. Martin Cowie, ESC Digital Health Committee Chair
• Meet the Expert: Dr. Rani Khatib, Consultant Pharmacist, Leeds Institute of Cardiovascular and Metabolic Medicine, ACPAF Science Committee

PLUS: Sponsored symposia series...